



THE WAR OF TODAY AND THE BATTLE OF TOMORROW.

Of 400,000 IDF fighters since October 7th, over 70,000 may struggle with this condition. While incurable, ongoing support is crucial for healing and resilience.

Israel Heart2Heart has been assisting IDF veterans with PTSD for 5 years. We offer community connection, mind/body practices, and employment guidance, taking a holistic approach to combat PTSD.

Join us as the Israel Heart2Heart delegation visits New York. Three special forces combat veterans and co-founder **Lt. Colonel Elroee Bochnik** will share their stories of resilience and triumph over both external enemies and PTSD.

Learn how you can support the soldiers PTSD healing process by joining the mentoring program.



**LT. COLONEL
ELROEE BOCHNIK**

**ISRAEL HEART2HEART
CO-FOUNDER**



**WEDNESDAY
SEP 25, 2024
7.30 PM**

**SCAN OR CLICK
FOR
REGISTRATION**

**Mid Island YJCC
45 Manetto Hill Rd, Plainview, NY 11803**